

Cordilleran Region.—The western part of the American continent is more or less mountainous. The Andean chain, which extends throughout the length of South America and broadens out in the United States has, in Canada, an average width of about 475 miles. This region, covering about 530,000 square miles, is the most elevated in the Dominion, many of the summits reaching heights of 10,000 feet, with occasional peaks over 13,000 feet above sea-level. The mountainous tract forming the Cordilleras can be divided broadly into three parallel bands: a series of plateaus and mountains, comprised in the Columbia, Interior, Cassiar, and Yukon systems, forming the central part, referred to as the Central Belt; another series of parallel ridges east of the central plateaus, formed of fault rocks and folds and including the Rocky and Arctic systems, known as the Eastern Belt; and a third division between the plateau country and the Pacific, composed of the Pacific and Insular systems, called the Western Belt.

Table 2 shows the principal named Canadian Cordilleran peaks exceeding 11,000 feet in elevation.

2.—Mountain Peaks over 11,000 Feet in Elevation, with Latitude and Longitude.

NOTE.—The highest mountain in Eastern Canada, with the exception of the Torngats in Labrador peaks of which rise to about 5,500 feet, is Tabletop mountain (recently re-named Mount Jacques Cartier by the Geographic Board of Canada) in N. lat. 48° 59', W. long. 65° 56', Gaspé district, Quebec, the summit of which is 4,160 feet above sea-level.

Province and Mountain Peak.	Elevation.	N. Lat.	W. Long.	Range.
	ft.	° ' "	° ' "	
Alberta—				
Alberta.....	11,874	52 14	117 36	Rocky Mts.
Alexandra ¹	11,214	51 59	117 12	"
Assiniboine ¹	11,870	50 56	115 42	"
Athabaska.....	11,452	52 07	117 11	"
Coleman.....	11,000	52 06	116 55	"
Columbia ¹	12,294	52 09	117 27	"
Deltaform ¹	11,235	51 18	116 15	"
Diadem.....	11,060	52 19	117 00	"
Forbes.....	11,902	51 48	116 56	"
Fryatt.....	11,026	52 33	117 54	"
Hector.....	11,135	51 34	116 15	"
Hungabee ¹	11,457	51 20	116 17	"
Joffre ¹	11,316	50 32	115 12	"
King Edward ¹	11,400	52 10	117 30	"
Kitchener.....	11,500	52 13	117 19	"
Lyell ¹	11,495	51 58	117 06	"
Lefroy ¹	11,230	51 22	116 17	"
Lunette ¹	11,150	50 52	115 39	"
Sir Douglas ¹	11,174	50 43	115 20	"
Snow Dome ¹	11,340	52 11	117 19	"
Stutfield.....	11,320	52 15	117 29	"
Temple.....	11,636	51 21	116 15	"
The Twins.....	{ 11,675 12,085	52 13	117 12	"
Victoria ¹	11,365	51 23	116 18	"
Wilson.....	11,000	51 58	116 45	"
Woolley.....	11,170	52 18	117 25	"

¹This peak is on the interprovincial boundary between Alberta and British Columbia.